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The Heart

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The Heart

Guard your heart with all vigilance, for from it are the sources of life.
(Proverbs 4:23)

God, as a loving Father, expects his children to keep his instructions in their hearts. When the Bible talks about the heart, it refers to who we are as a person. It can be said that the heart is the nature of a person or one's inner self. Thus, it affects everything one does, and it is God's primary concern. The Lord does not judge the outward appearance, but He weighs the motives, thoughts, and intentions of a person, that is, the person's heart.

God hates a scheming, plotting, evil heart. The proud heart is self-sufficient and does not subject itself to God's words; whereas, the humble heart is ready and willing to be instructed. A heart in tune with God's desires is one of integrity.

Without Christ, our hearts are "deceitful above all things, and desperately sick" (Jeremiah 17:9). But when Christ saves us, He gives us a new heart (Ezekiel 36:26).

The above passage along with other verses in Proverbs indicates that we as Christians must guard our new hearts because the heart shapes life.

How do you protect your heart? Are you self-sufficient or open to others' help and instruction? Are you known as a kind and loving person? Is your heart in tune with the ways of the world or God's ways? What is the evidence that your heart has been redeemed and renewed by God?