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## Habit 6. Trust God

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Who or what is the object of your trust and faith? Is it God? Yourself? Someone else? Or maybe some material asset or resource? In who or what do you place your confidence that problems of today and the fears about tomorrow will be handled to your benefit?

Consider the advice of the Psalmist:

“Some trust in chariots and others in horses, but we depend on the Lord our God.” – Psalm 20:7

” It is better to take shelter in the Lord than to trust in people.” – Psalm 118:8

“How blessed is the one who trusts in the Lord and does not seek help from the proud or from liars.” – Psalm 40:4

The more you get to know God, the more you will understand how committed He is to you. As a result, you will be willing to entrust more of yourself into His capable care.



## Three Reasons Why You Can Trust God

### 1. God has the ability to accomplish what concerns us.

"I am the Lord, the God of all humankind. There is, indeed, nothing too difficult for me." - Jeremiah 32:27

“Oh, Sovereign Lord, you did indeed make heaven and earth by your mighty power and great strength. Nothing is too hard for you!” – Jeremiah 32:17

“For nothing will be impossible with God.” – Luke 1:37

## **2. God is committed to our well-being.**

“For our hearts rejoice in him, for we trust in his holy name. May we experience your faithfulness, O Lord, for we wait for you.” – Psalm 33:21,22

“Look, the Lord takes notice of his loyal followers, those who wait for him to demonstrate his faithfulness” – Psalm 33:18

“An evil person suffers much pain, but the Lord’s faithfulness overwhelms the one who trusts in him.” – Psalm 32:10

## **3. God will do what he promises.**

“And let us hold unwaveringly to the hope that we confess, for the one who made the promise is trustworthy.” – Hebrews 10:23

“For the Lord’s decrees are just, and everything he does is fair.” – Psalm 33:4

“He who calls you is trustworthy, and he will in fact do this.” – 1 Thessalonians 5:24

God is completely trustworthy. He has the ability to accomplish the things that concern you. He is committed to your well-being. And God will do what He promises. He has the integrity; He has the character to follow through. He is faithful.

Trust involves faith and hope. Isaiah admonishes us,

“Who among you fears the Lord?

Who obeys his servant?

Whoever walks in deep darkness,

without light, should trust in the name of the Lord and rely on his God.” – Isaiah 50:10

How many times have you felt like you were totally in the dark? You didn’t have a clue what to do next? These situations finally bring us to a point when we turn to God in desperation hoping He will respond to our prayers and bring deliverance. God wants us to trust Him during difficult times. Consider the following promises.

## **Trust God During the Good Times, As Well as the Bad**

We all understand the need to trust God when we are in a time of crisis. We see that pattern repeated throughout the Old Testament. But during the good times, the children of Israel would forget about their God — they became self-reliant and turned away from Him. Then God would again put them into difficult situations and after a while, they once again turned to Him for help.

God explained to Isaiah,

“I am the one who forms light and creates darkness; the one who brings about peace and creates calamity. I am the Lord, who accomplishes all these things.” - Isaiah 45:7

When we find ourselves in darkness, there's a reason why God has chosen to take away the light. When you're in darkness, is it comforting to know that God is the One who is in absolute control of your difficult situation? Our sovereign, loving God brings good and bad into our lives to shape us and fulfill His purposes. We need to trust Him for the good, as well as the bad.